

**9401 Frederick Road
Ellicott City, MD 21042
410-313-1425**

Hours: Monday-Thursday 10:00am – 2:00pm, Friday 10:00am-1:00pm
Felicia Stein, Senior Center Plus Director; fstein@howardcountymd.gov
Joyce Nagel-Mortell, Senior Center Plus Assistant Director; jnagel@howardcountymd.gov



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 Coffee Talk 10:30 Finish the Line 11:00 Exercise with Vickie 12:00 Lunch 12:45 Paws4Comfort 1	10:00 Coffee Talk 10:30 Word Search 11:00 Exercise with Jeannie 12:00 Lunch 12:45 National Coloring Day 2	10:00 Coffee Talk 10:30 Jeopardy 11:00 Exercise with Vickie 12:00 Lunch 12:45 Bird Calls Activity 3	10:00 Coffee Talk 10:30 Music Trivia 11:00 Exercise with Vickie 12:00 Lunch 12:45 Leadership U 4	10:00 Coffee Talk 10:15 Good Old Days 10:45 BINGO 12:00 Lunch 12:30 Art with a Purpose 5
10:00 Coffee Talk 10:30 Finish the Line 11:00 Exercise with Vickie 12:00 Lunch 12:45 Paws4Comfort 8	10:00 Coffee Talk 10:30 Word Search 11:00 Exercise with Jeannie 12:00 Lunch 12:45 Music with Vel & Jim 9	10:00 Coffee Talk 10:30 Jeopardy 11:00 Exercise with Vickie 12:00 Lunch 12:45 Music with Ed 10	10:00 Coffee Talk 10:30 Music Trivia 11:00 Exercise with Vickie 12:00 Lunch 12:45 Music with Charlie E. 11	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 12
10:00 Coffee Talk 10:30 Finish the Line 11:00 Exercise with Vickie 12:00 Lunch 12:45 Paws4Comfort 15	10:00 Coffee Talk 10:30 Word Search 11:00 Exercise with Jeannie 12:00 Lunch 12:45 Music with Tom 16	10:00 Coffee Talk 10:30 Jeopardy 11:00 Exercise with Vickie 12:00 Lunch 12:45 Music with Peter 17	10:00 Coffee Talk 10:30 Music Trivia 11:00 Exercise with Vickie 12:00 Lunch 12:45 Art with a Purpose 18	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 19
10:00 Coffee Talk 10:30 Finish the Line 11:00 Exercise with Vickie 12:00 Lunch 12:45 Paws4Comfort 22	10:00 Coffee Talk 10:30 Word Search 11:00 Exercise with Jeannie 12:00 Lunch 12:45 Book Club 23	10:00 Coffee Talk 10:30 Jeopardy 11:00 Exercise with Vickie 12:00 Lunch 12:45 A Step Back in Time with Nick 24	10:00 Coffee Talk 10:30 Music Trivia 11:00 Exercise with Vickie 12:00 Lunch 12:45 Music with Peter 25	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 26
10:00 Coffee Talk 10:30 Finish the Line 11:00 Exercise with Vickie 12:00 Lunch 12:45 Paws4Comfort 29	10:00 Coffee Talk 10:30 Word Search 11:00 Exercise with Jeannie 12:00 Lunch 12:45 Music with Tom 30	10:00 Coffee Talk 10:30 Jeopardy 11:00 Exercise with Vickie 12:00 Lunch 12:15 Birthday Party 12:45 Music with Peter 31		

The first Friday of each month the Ellicott City Senior Center Plus will have the program at the Ellicott City Senior Center Plus site (9401 Frederick Road)

Friday, August 5th from 10:00am-1:00pm.

We will continue to go bowling the remaining Fridays.

Let's Celebrate our August Birthdays!



A big thank you to Gary Pon for the delicious cakes he bakes for our monthly birthday celebrations!
This month we will be celebrating birthdays on Wednesday, August 31st.

Please feel free to join us as we wish
a very happy birthday to Nicholas, Mary, Georgia, Barbara and Joyce !

Thank you to Clarks Ace Hardware store for donating the plants for our gardens at Ellicott City.

Thank you to HoneyBaked Ham for their continuous support of our program.

IMPORTANT DATES TO PUT ON YOUR CALENDAR

Wednesday is Orange Day, wear orange to support the Orioles!!



To inquire about resources, respite care needs, and/or caregiver support, contact
Maryland Access Point of Howard County (MAP) at 410-313-1234 or

Email: map@howardcountymd.gov

Inclement Weather Policy:

When Howard County Schools are closed or delayed two hours due to inclement weather,
Ellicott City Senior Center Plus is closed.

If the schools are delayed by one hour, the center is open.

When the schools have a scheduled day off, please tune to WBAL-TV for possible weather related closures of the
center.

Contact the center at 410-313-1425 to hear a recorded message regarding center operations.

RTA Contact Information: 1-800-270-9553...Press 3 and follow prompts